

YEAR 7 PERSONAL DEVELOPMENT CURRICULUM AUTUMN

Relationships and Sex Education		Citizenship, including Equality and Diversity and Environmental and Sustainable Education	
Transition to secondary school	PSHE Lessons		PSHE lessons
Everyone's Invited - Understanding that sexualised language is not normal. Safe Corridors - safeguarding/knowning who to turn to. Menstruation assembly 17 Sept - Article 24 People People - Peer leadership / buddy system - Article 15 Celebrating achievements - Article 29	Assembly Themes	Introduction - our ethos / transition to secondary school (Article 1). Making a Positive Contribution to our society - Walk for the World (Article 31). CVC as an inclusive school (Article 23). Commemorating Remembrance Day- 11th November (Article 38) Equality and Diversity (Article 15). Anti-Bullying Week - Be an upstander not a bystander (Article 2). What Advent means for you (Article 14). Celebrating achievements (Article 28).	Assembly Themes
Our community – creating new support networks, e.g. tutor group, year group, school.	Tutorial Activities	Walk for the World - Caring for each other. Christmas hampers. Rights Respecting Schools Articles on different themes.	Tutorial Activities
Meet The Tutor Evening for Parents and Carers – ways to support your child.	Other opportunities	What is climate change? What actions can we take against it? Carbon footprints. Sustainable schools – Curriculum Extension Day. citizenship Seasonal fruit, Local v imported produce, Reading and understanding food labels. food technology Climate Change and what the school is doing. Geography	Other opportunities
Physical and Mental Health		Careers Education, Enterprise and Finance	
	PSHE Lessons	Employability and enterprise skills The 4 sectors	PSHE Lessons
Looking after our own mental health and well-being - Article 24 Healthy Coping Strategies - Article 3	Assembly Themes	Pupil Leadership - Article 12	Assembly themes
Active form time	Tutorial Activities		Tutorial Activities
E-Safety. Computing	Other opportunities	Lunchtime talks from visiting employers.	Other opportunities

YEAR 7 PERSONAL DEVELOPMENT CURRICULUM SPRING

Relationships and Sex Education		Citizenship, including Equality and Diversity and Environmental and Sustainable Education	
Cyber bullying The impact of social media and its effect on relationships Puberty and emotions. Puberty and personal hygiene	PSHE Lessons	What is a diverse community? Valuing difference. The roles played by public institutions and voluntary groups in society, and the ways in which citizens work together to improve their communities, including opportunities to participate in school-based activities. PSHE / RPE / Assemblies	PSHE lessons
Young Carers - Article 9 Introduction to a year residential trip - What skills will I learn? - Beaumanor trip - Article 15 - freedom of association. The signs and effects of all types of bullying, including online.	Assembly Themes	Our Broad, International Curriculum - becoming a global, open-minded citizen (Article 2). Holocaust Memorial Day (Article 38 revisited). Climate change (Article 24). Reading widely and frequently - World Book Day (Article 31). CVC and the wider community - Comic / Sports Relief (Article 5 - parental guidance).	Assembly Themes
Preparation for a residential trip – What skills will I learn?	Tutorial Activities	Rights Respecting Schools Articles on different themes.	Tutorial Activities
Reproduction, fertilisation, pregnancy, birth, growing up. Science	Other opportunities	Waste, Reduce, reuse, recycle. Fast Fashion. Citizenship The impact of climate change on Antarctica. Understanding ingredients and issues around using them. Geography The nature of rules and laws and the justice system, including the role of the police and the operation of courts and tribunals. RPE The operation of parliament, mock elections.	Other opportunities
Physical and Mental Health		Careers Education, Enterprise and Finance	
	PSHE Lessons	Career progression and equality. Raising aspiration	PSHE Lessons
Behaviour, Attitudes for learning / A - Am I ready to learn? - Article 4. Mental health and emotional well-being - Article 12 - respect for the views of the child. Your Digital footprint - Article 17. Digital wellbeing - Staying Safe and understanding the risks associated with social media. Safe choices - Article 40 - juvenile justice.	Assembly Themes	What's My Line enterprise event. Lunchtime talks from visiting employers.	Other opportunities
Active form time.	Tutorial Activities		Tutorial Activities
	Other opportunities		

YEAR 7 PERSONAL DEVELOPMENT CURRICULUM SUMMER

Relationships and Sex Education		Citizenship, including Equality and Diversity and Environmental and Sustainable Education	
Close relationships Consent and boundaries Family lives	PSHE Lessons		PSHE lessons
	Assembly Themes	What does being a Rights Respecting School mean? (Article 1). Domestic and international politics including UN (Article 1- definition of the child). Our ethos – revisited.	Assembly Themes
Preparation for a residential trip – What skills will I learn? (Beaumanor)	Tutorial Activities	Rights Respecting Schools Articles on different themes.	Tutorial Activities
Collaboration with others, endeavour and resilience through the Sports Day.	Other opportunities	Sustainable schools, Sustainable food, Consumer choices (Fairtrade), Recycling (Cambs County Council) Citizenship The living world – how animals adapt to different weather conditions and environments. Science Weather hazards and the impact of climate change Geography 'How do people respond to Evil and suffering?' - Natural evil and natural disasters, the reasons for some of these disasters and whether humans are partly responsible to their care or lack of for the environment. RPE	Other opportunities
Physical and Mental Health		Careers Education, Enterprise and Finance	
Healthy diet choices and exercise Healthy choices: caffeine and cigarettes Body confidence and self-esteem	PSHE Lessons		PSHE Lessons
Young Carers (Article 9). Safe choices - What healthy choices can I make? - healthy eating week. Social Media - How can I use social media for something positive? Celebrating achievements (Article 28- right to education).	Assembly Themes		Assembly themes
Active form time	Tutorial Activities		Tutorial Activities
	Other opportunities	Lunchtime talks from visiting employers.	Other opportunities