

**YEAR 8 PERSONAL DEVELOPMENT CURRICULUM AUTUMN**

<b>Relationships and Sex Education</b>		<b>Citizenship, including Equality and Diversity and Environmental and Sustainable Education</b>	
	<b>PSHE Lessons</b>		<b>PSHE lessons</b>
Safe Corridors - safeguarding/knowning who to turn to (Article 24) Anti-Bullying Week - Be an upstander not a bystander - Article 2	<b>Assembly Themes</b>	Introduction - our ethos / transition to year 8 (RRSA Article 1) Making a Positive Contribution to our society - The Walk for the World (Article 31) CVC as an inclusive school (Article 23) Equality and Diversity (Article 15) Commemorating Remembrance Day (Article 38) Pupil Leadership (Article 12) What Advent means for you (include presentation from Good News for Everyone) (Article 14) Human Rights Day 10th December (Article 24)	<b>Assembly Themes</b>
	<b>Tutorial Activities</b>	Rights Respecting Schools Articles on different themes. Weekly eco focus.	<b>Tutorial Activities</b>
	<b>Other opportunities</b>	Energy use -carbon footprint, UN course. Climate refugees. Climate Emergency and UK action. <b>Citizenship</b> The impact of climate change on rates of erosion and sea level rising through the study of coasts. Environmental issues - food. <b>Geography</b> Potato farming in Egypt - sustainability and consumer power through water use. <b>Food technology</b> Development of the political system of democratic government in the United Kingdom, including the roles of citizens, Parliament and the monarch <b>History</b>	<b>Other opportunities</b>
<b>Physical and Mental Health</b>		<b>Careers Education, Enterprise and Finance</b>	
Digital resilience. Promoting emotional wellbeing. First aid and CPR	<b>PSHE Lessons</b>	Money matters. Careers 1. Careers 2	<b>PSHE Lessons</b>
Looking after our own mental health and wellbeing - session 1. Healthy Coping Strategies (Article 3) Digital wellbeing - Staying safe online. Eating healthily. Celebrating achievements (Article 29)	<b>Assembly Themes</b>		<b>Assembly themes</b>
Active form time. Weekly messages on wellbeing, expectations and support available.	<b>Tutorial Activities</b>		<b>Tutorial Activities</b>
Human diets. <b>Science</b>	<b>Other opportunities</b>	Lunchtime talks from visiting employers.	<b>Other opportunities</b>

**YEAR 8 PERSONAL DEVELOPMENT CURRICULUM SPRING**

<b>Relationships and Sex Education</b>		<b>Citizenship, including Equality and Diversity and Environmental and Sustainable Education</b>	
FGM Forced marriage Honour based violence	<b>PSHE Lessons</b>	Disability and discrimination 1, Disability and discrimination 2 Human rights, Rights and responsibilities.	<b>PSHE lessons</b>
	<b>Assembly Themes</b>	CVC and the wider community - Comic / Sports Relief (Article 5 - parental guidance) Our Broad, International Curriculum - becoming a global, open-minded citizen (Article 2). Holocaust Memorial Day (Article 38 revisited). Climate change (Article 24). Reading widely and frequently - World Book Day (Article 31)	<b>Assembly Themes</b>
	<b>Tutorial Activities</b>	Rights Respecting Schools Articles on different themes. Weekly eco focus.	<b>Tutorial Activities</b>
	<b>Other opportunities</b>	Transport. Water. Consumer choice - Sustainable Palm oil. <b>Citizenship</b> Population increase + impact on climate change. <b>Geography</b> Vegetable classification and use. <b>Food technology</b> 'Is the love of money the root of all evil?' - including Fairtrade, fast fashion, sweat shops etc. <b>RPE</b> The precious liberties enjoyed by the UK <b>History</b>	<b>Other opportunities</b>
<b>Physical and Mental Health</b>		<b>Careers Education, Enterprise and Finance</b>	
Sleep	<b>PSHE Lessons</b>	Skills you will learn in Activities Week - Article 15 - freedom of association	<b>PSHE Lessons</b>
mental health and emotional well-being (Article 12 - respect for the views of the child). Safe choices- session 2 (Article 40 - juvenile justice) Behaviour / Attitudes for learning / Attendance - Am I ready to learn? (Article 4) Digital Safety (Article 17) Celebrating achievements (Article 28- right to education)	<b>Assembly Themes</b>		<b>Assembly themes</b>
Active form time. Weekly messages on wellbeing, expectations and support available.	<b>Tutorial Activities</b>		<b>Tutorial Activities</b>
Muscle size/strength. Joints. Drugs and side effects. Effects of alcohol on the body. <b>Science</b>	<b>Other opportunities</b>	Lunchtime talks from visiting employers.	<b>Other opportunities</b>

**YEAR 8 PERSONAL DEVELOPMENT CURRICULUM SUMMER**

<b>Relationships and Sex Education</b>		<b>Citizenship, including Equality and Diversity and Environmental and Sustainable Education</b>	
Forming healthy relationships, Healthy relationships on-line Safe sex, Family matters, including teen parenting	<b>PSHE Lessons</b>		<b>PSHE lessons</b>
Young Carers - Article 9 Collaborating with others, endeavour, resilience - Sports Day (Article 24) Communication - the power of words (Article 13)	<b>Assembly Themes</b>	What does being a Rights Respecting School Actually mean? (Article 1). Domestic and international politics including UN (Article 1- definition of the child). Our Ethos – revisited. Understanding our diverse modern society, the Equalities Act, prejudice (Article 2).	<b>Assembly Themes</b>
	<b>Tutorial Activities</b>	Rights Respecting Schools Articles on different themes. Weekly eco focus.	<b>Tutorial Activities</b>
	<b>Other opportunities</b>	Use of resources, IT, consumer choices. Air pollution. <b>Citizenship</b> Migration – climate migrants. <b>Geography</b> Rivers and the impact of flooding / climate change. Environmental chemistry – earth’s atmosphere, global warming, carbon cycle, recycling. <b>Science</b> Food standards and meat production. <b>Food technology</b>	<b>Other opportunities</b>
<b>Physical and Mental Health</b>		<b>Careers Education, Enterprise and Finance</b>	
Addictive substances: alcohol	<b>PSHE Lessons</b>	The functions and uses of money, importance of budgeting.	<b>PSHE Lessons</b>
Safer corridors (Article 4) Making healthy choices- healthy eating week (Article 24) Mental health and emotional wellbeing. Your Digital Footprint (Article 17). Staying safe online. Social media. Celebrating achievements (Article 1).	<b>Assembly Themes</b>		<b>Assembly themes</b>
Active form time. Weekly messages on wellbeing, expectations and support available.	<b>Tutorial Activities</b>		<b>Tutorial Activities</b>
	<b>Other opportunities</b>	Project Day, Babraham Institute. Construction Day. Lunchtime talks from visiting employers. Managing risk <b>Maths</b>	<b>Other opportunities</b>