



PE Department Kit Policy

Students must **bring their PE kit to every PE lesson**. In the event that a student is unwell or injured, they should arrive with full PE kit and a note from their parent or carer. Staff will then support students in maintaining an active role within the lessons which considers the injury or illness which the student is suffering from. The CVC kit that students are required to wear is as follows:

PE kit compulsory items for both boys and girls

Navy CVC shorts

Sky blue CVC polo shirt

Blue hockey socks

Additional footwear that are not their current school shoes – they should be suitable for the sport.

Leggings are not permitted

PE kit compulsory for boys

Blue and gold CVC rugby top

Optional items for boys and girls

These are not compulsory items, but those worn should have the CVC logo. Alternatives are not allowed.

Navy blue CVC hoody

Navy blue CVC tracksuit bottoms

Navy blue CVC baselayer leggings

Baselayer top

Optional item for girls

Navy blue CVC skort

Due to the nature of the activities in this subject, all students **should have a separate pair of trainers** which are in addition to their school shoes, pumps such as 'Vans' or 'Converse' are not adequate for PE and students should not be wearing their school shoes for PE.

There may be some activities where students require specialist equipment. Students should wear studded boots when participating in games on the school field, such as football and rugby. We strongly recommend that students wear mouth guards when participating in rugby and hockey and that shin pads are essential when performing in football and hockey.

Students are permitted to wear a small pair of studs in their ears while at school. **However, please be aware that all jewellery must be removed for PE lessons. This includes all piercings, plastic or metal and friendship bands.** These items represent a potential hazard, not only to the wearer but also to other children. The Association for Physical Education Safe Practice confirms that any jewellery worn in Physical Education lessons is an unnecessary risk and should be avoided at all times. Serious accidents have occurred as a result of contact between pupils wearing earrings or studs with other pupils or equipment. **Taping over earrings is no longer a sufficient practice as it does not effectively prevent injury, particularly impact injuries.** With this in mind, we expect that students considering any piercings in the near future undertake them at the beginning of the summer break and not during the school year. It is not acceptable to wear piercings to school that cannot be removed.

Thank you for your help and support with this policy. This will enable all students to have their PE lessons in a fun, enjoyable and safe environment.

Michael Wilce - Head of PE at Comberton Village

April 2021