

# PSHE Curriculum Roadmap KS3

**Year 7**

**Health and Well-being**

Transition to Secondary School, Mental Health Emotional Well-being, Road Safety Menstruation Assembly

**Living in the Wider World**

Employability, Enterprise Education, Careers 4 Sectors, Progression and Personal Skills

**Valuing Difference**

Diverse Community, Equality Act, Cyber Bullying, Social Media and Advertising

**Making Good Choices and Managing Risk**

Puberty and Emotions, Personal Hygiene, Diet, Exercise and Healthy Choices, Caffeine and Vaping

**Positive Relationships**

Self-esteem, Relationships, Family Lives, Consent and Boundaries, Family Lives

**Year 8**

**Positive Relationships**

Healthy Relationships, Healthy Relationships Online, Safe Sex, Family Matters, Teen parenting

**Making Good Choices and Managing Risk**

Sleep, FGM, Addictive substances: Drugs and Alcohol

**Valuing Difference**

Disability and Discrimination, Rights and Freedom of Speech

**Living in the Wider World**

Money Matters, Enterprise, Today's Working Environment

**Health and Well-being**

Online Safety, Emotional Well-being, Conflict Resolution, CPR and First Aid

**Year 9**

**Health and Well-being**

Managing Stress, Unhealthy Coping Strategies, Peer Pressure and risk, Healthy Coping Strategies

**Living in the Wider World**

Employability, Aspirations, Career Plan, GCSE Options, Personal Finances

**Valuing Difference**

Gender Identity, Sexuality, Family Matters, Anti-bullying, Use of language

**Making Good Choices and Managing Risk**

Addictive substances, gang exploitation, knife crime

**Positive Relationships**

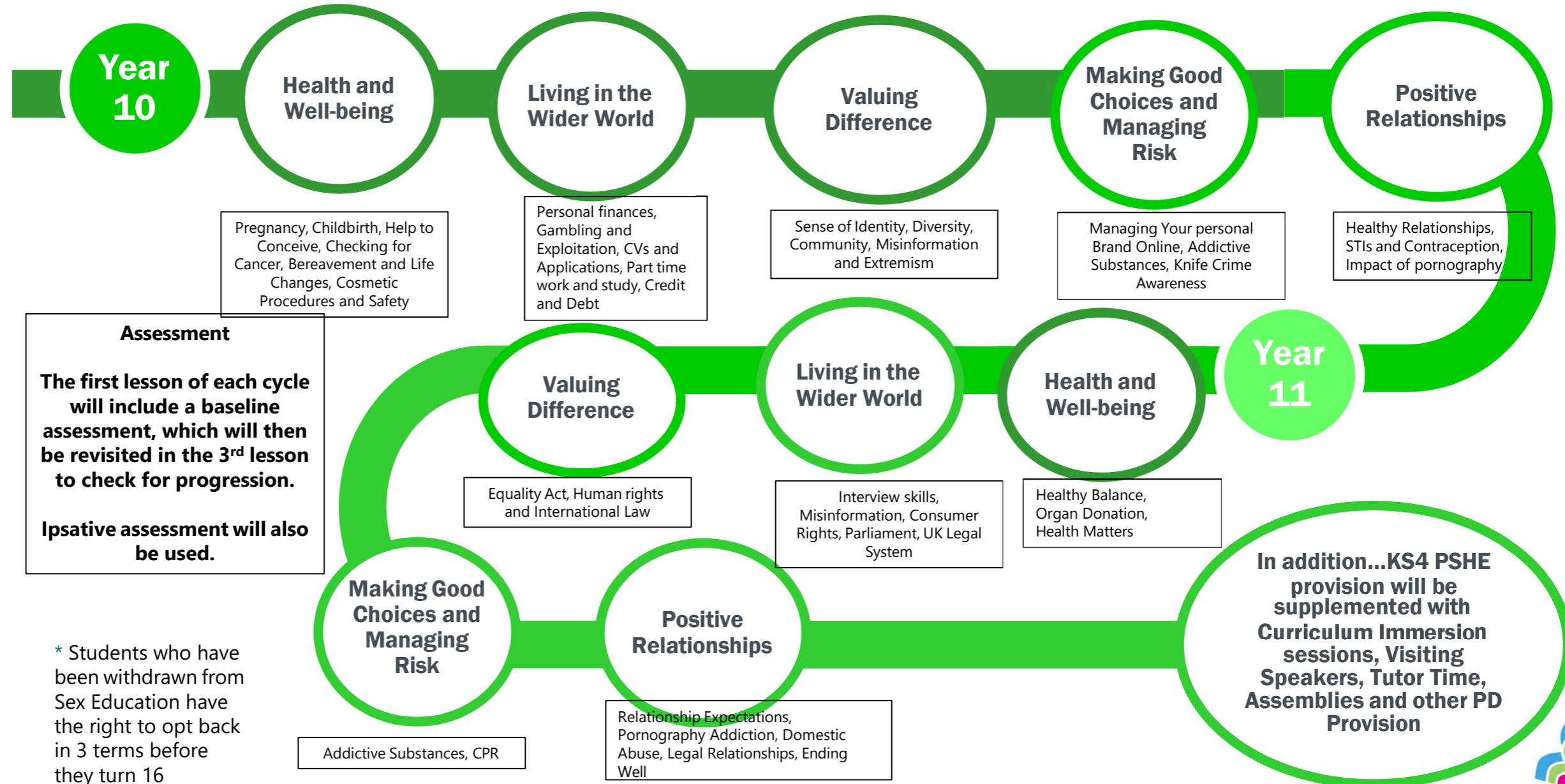
Before Sex, STIs and Contraception, Impact of Pornography, Sexual harassment and abuse

## Assessment

Students are assessed at the end of each topic, and throughout the year when topics are frequently revisited using mini quizzes and recap moments in lessons. After each assessment students complete extension or revision tasks based on their performance. We use ipsative assessment in most lessons, and 'I Can' Statements to self assess each term.



# PSHE Curriculum Roadmap KS4



\* Students who have been withdrawn from Sex Education have the right to opt back in 3 terms before they turn 16

