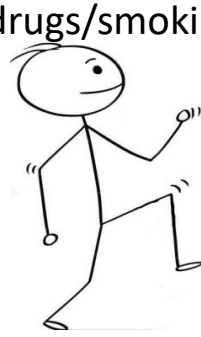
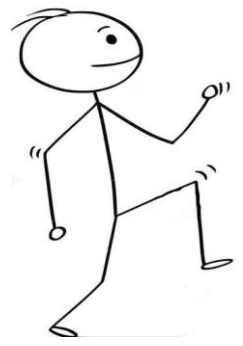
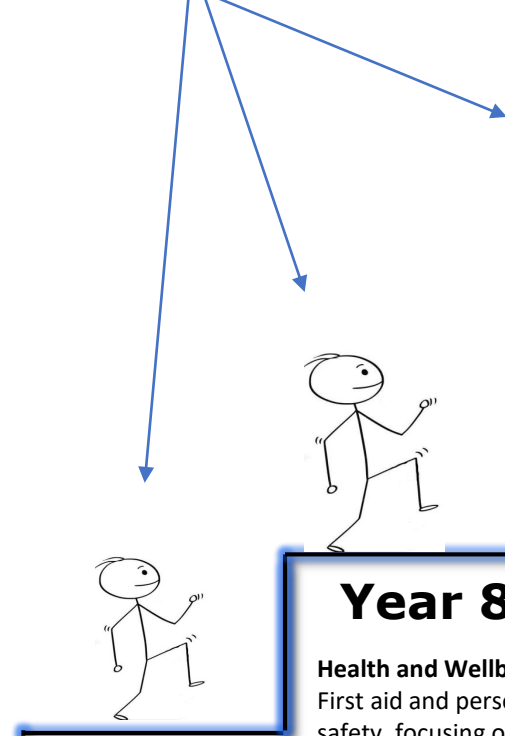


- Yr 11 Time off timetable for post 16
- Plus time on CE day

- Year 10 6 lessons a year
- Plus external speakers for drugs/smoking
- CE day- careers



- KS3 One lesson a fortnight



Year 7

Health and Wellbeing

Transition to secondary school
Diet, exercise and how to make healthy choices.

Living in the wider world

Enterprise skills and introduction to careers
Challenging career stereotypes and raising aspirations

Relationships

Diversity, prejudice and bullying including cyber bullying
Managing on- and off-line friendships

Health and wellbeing

The risks of alcohol, tobacco and other substances

Relationships

Managing puberty and the issues of unwanted contact and FGM
Self-esteem, romance and friendships
Exploring family life

Living in the wider world

Making ethical financial decisions
Saving, spending and budgeting our money

Year 8

Health and Wellbeing

First aid and personal safety, focusing on road safety. Alcohol and drug misuse and managing peer influence.

Living in the wider world

Rights and responsibilities in the community
Tackling age and disability discrimination
Tackling racism and religious discrimination, promoting human rights
Online safety and digital literacy

Health and wellbeing

Mental health and emotional wellbeing, including body image
Managing change and loss

Relationships

Introduction to sexuality and consent
Introduction to contraception including condom and the pill

Living in the wider world

Evaluating value for money in services
Risks and consequences making financial decisions

Year 9

Health and Wellbeing

Peer pressure, assertiveness and risk, gang crime
Dieting, lifestyle balance and unhealthy coping strategies

Living in the wider world

Understanding careers and future aspirations
Identifying learning strengths and setting goals as part of the GCSE options process

Relationships

Managing conflict at home and the dangers of running away from home
Tackling homophobia, transphobia and sexism

Health and wellbeing

Managing peer pressure in relation to illicit substances
Assessing the risks of drug and alcohol abuse and addiction

Relationships

Relationships and sex education including healthy relationships and consent
The risks of STIs, sexting and pornography

Living in the wider world

Planning and carrying out an enterprise project
Reflecting on learning skills development in key stage 3

Year 10

Living in the wider world

Preparation for work experience
Evaluation of work experience

Relationships

Tackling relationship myths and expectations
Managing romantic relationship challenges including break ups

Health and wellbeing

Evaluating the social and emotional risks of drug use- visit from ex drug addict.

Relationships

Understanding different families and learning parenting skills
Managing change, grief and bereavement including loss from cancer and how to check themselves

[Kick Ash course for year 10- learning the effects of smoking- year 10s selected to deliver resources to primary students](#)

Year 11

Health and wellbeing

Promoting self-esteem and coping with stress

Mental health and ill health, tackling stigma

Living in the wider world

Learning and revision skills to maximise potential
Understanding the college application process and plans beyond school
Skills for employment and career progression

Tackling domestic abuse and forced marriage- CORE RPE day Year 10 on relationships TBC

Understanding the causes and effects of debt Understanding the risks associated with gambling- Maths lessons?

Citizenship across all years:

Form time:

Active form time promoting healthy lifestyles

[Politics- general election resources and politics Quiz including mock polling stations during election times](#)

Core RPE days year 10

[British values, human rights and community cohesion](#)
[Challenging extremism and radicalisation](#)