

PSHE Medium Term Plan Year 10 2021 -

| Term   | Topic  | Learning   | Assessment and Evaluation   | Resources        |
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| Autumn | <p>Health and Well Being<br/>PoS refs: H1, H4, H5, H6, H7, H8, H9, H11, H13, H16H30, H31, H32, H33, R13, R24, R26, R27</p> <p>Valuing Difference<br/>PoS Refs: H12, R36, R38, L28, L29</p> | <ul style="list-style-type: none"> <li>• about fertility, including how it varies and changes</li> <li>• about pregnancy, birth and miscarriage</li> <li>• about unplanned pregnancy options, including abortion</li> <li>• about adoption and fostering</li> <li>• how to manage change, loss, grief and bereavement</li> <br/> <li>• about the links between lifestyle and some cancers</li> <li>• about the importance of screening and how to perform self examination</li> <li>• about registering with and accessing doctors, sexual health clinics, opticians and other health services</li> <br/> <li>• Sense of Identity, Diversity and community</li> <li>• Considering rights and responsibilities in various communities</li> <li>• Promoting self esteem and thinking about what makes you an individual</li> <li>• How can we value difference?</li> </ul> | <ul style="list-style-type: none"> <li>• Baseline assessment 'I can' statements, revisited in final lesson</li> <li>• Ipsative Assessment in lessons</li> <li>• Forms Quiz</li> </ul> | PSHE Association |
| Spring | Managing Risk and Making Good Choices  | <ul style="list-style-type: none"> <li>• Managing your personal brand online. Thinking about the image you are projecting and how it can affect your future.</li> <li>• Addictive Substances. What is county lines? Young people and avoiding criminal activity</li> <li>• Knife Crime Awareness. Making good choices and keeping safe.</li> </ul>   | <ul style="list-style-type: none"> <li>• Baseline assessment 'I can' statements,</li> </ul>   |                  |

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|  | <p>PoS refs: L12, L22, L23, R35, R37, R38, H19, H20, H22, H24, H29</p> <p>Living in the Wider World</p> <p>PoS refs: L1, L2, L3, L4, L10, L11, L14, L17, L18, L20, L21, H25</p> | <ul style="list-style-type: none"> <li>• Personal finances, how to manage a weekly budget. How to think about saving for longer term costs.</li> <li>• Gambling and Financial exploitation. Thinking about gambling hooks and consequences. Warning signs of problem gambling.</li> <li>• Writing a CV.</li> <li>• Part time work and Study – managing the balance.</li> </ul> | <p>revisited in final lesson</p> <ul style="list-style-type: none"> <li>• Ipsative Assessment in lessons</li> <li>• Forms Quiz</li> </ul> |  |
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| Summer | <p>Positive Relationships:</p> <p>Healthy Relationships</p> <p>Contraception and STIs</p> <p>Pornography and Ending Relationships</p> <p>PoS refs: R1, R2, R3, R4, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18, R19, R20, R21, R22, R23, R28, R29, R30, R32, R36</p> | <ul style="list-style-type: none"> <li>• about core values and emotions</li> <li>• how to communicate wants and needs</li> <li>• how to handle unwanted attention, including online</li> <li>• how to challenge harassment and stalking, including online</li> <li>• about various forms of relationship abuse</li> <li>• Defining sexual harassment and abuse</li> <li>• about unhealthy, exploitative and abusive relationships</li> <li>• how to access support in abusive relationships and how to overcome challenges in seeking support</li> <li>• About Pornography, how it affects our expectations of a relationship and the dangers of pornography addiction</li> <li>• About different types of STIs symptoms and treatments</li> <li>• Different choices for contraception, merits of different types</li> <li>• Consent – what it means and how it works in practice</li> </ul> | <ul style="list-style-type: none"> <li>• Baseline assessment 'I can' statements, revisited in final lesson</li> <li>• Ipsative Assessment in lessons</li> <li>• Forms Quiz</li> </ul> |  |
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