

PSHE Medium Term Plan Year 10 2023 onwards

Term	Topic	Learning	Assessment and Evaluation	Resources
Autumn	<p>Health and Well Being PoS refs: H1, H4, H5, H6, H7, H8, H9, H11, H13, H16H30, H31, H32, H33, R13, R24, R26, R27</p> <p>Valuing Difference PoS Refs: H12, R36, R38, L28, L29</p>	<ul style="list-style-type: none"> • about fertility, including how it varies and changes • about pregnancy, birth and miscarriage • about unplanned pregnancy options, including abortion • about adoption and fostering • how to manage change, loss, grief and bereavement • about the links between lifestyle and some cancers • about the importance of screening and how to perform self examination • about registering with and accessing doctors, sexual health clinics, opticians and other health services • Sense of Identity, Diversity and community • Considering rights and responsibilities in various communities • Promoting self esteem and thinking about what makes you an individual • How can we value difference? 	<ul style="list-style-type: none"> • Baseline assessment 'I can' statements, revisited in final lesson • Ipsative Assessment in lessons • Forms Quiz 	PSHE Association
Spring	Managing Risk and Making Good Choices	<ul style="list-style-type: none"> • Managing your personal brand online. Thinking about the image you are projecting and how it can affect your future. • Addictive Substances. What is county lines? Young people and avoiding criminal activity • Knife Crime Awareness. Making good choices and keeping safe. 	<ul style="list-style-type: none"> • Baseline assessment 'I can' statements, 	

	<p>PoS refs: L12, L22, L23, R35, R37, R38, H19, H20, H22, H24, H29</p> <p>Living in the Wider World</p> <p>PoS refs: L1, L2, L3, L4, L10, L11, L14, L17, L18, L20, L21, H25</p>	<ul style="list-style-type: none"> • Personal finances, how to manage a weekly budget. How to think about saving for longer term costs. • Gambling and Financial exploitation. Thinking about gambling hooks and consequences. Warning signs of problem gambling. • Writing a CV. • Part time work and Study – managing the balance. 	<p>revisited in final lesson</p> <ul style="list-style-type: none"> • Ipsative Assessment in lessons • Forms Quiz 	
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Summer	<p>Positive Relationships:</p> <p>Healthy Relationships</p> <p>Contraception and STIs</p> <p>Pornography and Ending Relationships</p> <p>PoS refs: R1, R2, R3, R4, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18, R19, R20, R21, R22, R23, R28, R29, R30, R32, R36</p>	<ul style="list-style-type: none"> • about core values and emotions • how to communicate wants and needs • how to handle unwanted attention, including online • how to challenge harassment and stalking, including online • about various forms of relationship abuse • Defining sexual harassment and abuse • about unhealthy, exploitative and abusive relationships • how to access support in abusive relationships and how to overcome challenges in seeking support • About Pornography, how it affects our expectations of a relationship and the dangers of pornography addiction • About different types of STIs symptoms and treatments • Different choices for contraception, merits of different types • Consent – what it means and how it works in practice 	<ul style="list-style-type: none"> • Baseline assessment 'I can' statements, revisited in final lesson • Ipsative Assessment in lessons • Forms Quiz 	
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